



Member and Parent/Guardian Safety Induction and Orientation for Access during Unstaffed Hours

Below are some important details relating to your membership:

- IF OVER 18:** I have watched and understand the contents of the video 'Safety Induction for Unstaffed Hours'. <https://youtu.be/U2ESlbg6tF8> **OR**
- IF UNDER 18:** I have watched the following general induction video: <https://youtu.be/-KAC5gCYhLg> and noted the limitations recommended by Fitness Australia.

Supervision by Staff

- I understand that outside of stipulated staffed hours the centre will be unstaffed and no staff will be onsite to offer any assistance or exercise direction or first aid treatment.
- I acknowledge that during unstaffed times there will be no monitoring of the safety or equipment of facilities, should an item fail, be damaged or some other risk eventuate.

Orientation

- I have been shown how to access the centre during unstaffed hour (for members 18 years and over ONLY).
- I have been advised of fire exit locations to be used in the event of an emergency requiring evacuation.
- I have been shown the location of duress pendants and alarms. I understand that I must wear an alarmed duress pendant at all times when I am in the centre alone or if there is only one other person in the gym.
- I accept failure to return a duress pendant to the designated area will result in a \$100 replacement fee being charged.
- I accept vandalism made to the pendant including but not limited to writing on or engraving will result in a \$100 replacement fee.
- I understand that the duress pendant or alarm shall only be activated in the event of an emergency and for any false activation I will be charged the associated callout fee by security and emergency services.
- I have been shown the location of the first aid kit, fire extinguishers, emergency exits and assembly area.
- I have been shown and understand that I am required to use the safety features on exercise equipment during unstaffed hours (e.g. safety stop clip on treadmill and clips on barbells, bars on squat cage).
- I have been advised and accept that when using heavy weights that I should ensure a spotter is available (and therefore avoid using heavy weights when alone in the gym).

Issues relating to use of gym during unstaffed hours

- I am aware that negligent damage or loss of my after-hours access fob resulting in the requirement for a replacement will incur a \$30 replacement fee.
- I understand and accept that I must return my after-hours access fob upon cancelling my membership. If I cannot provide my access fob upon cancelling I will be charged a \$30 replacement fee before my membership cancellation can occur.
- I am aware that a towel is required to be used at each workout, no denim clothing is to be worn in the gym and that appropriate footwear is required. I accept if I enter the gym without a towel, wearing denim or without appropriate footwear I will be under CCTV recording and this could cause my unstaffed hours access to be ceased.
- I understand and accept I am not permitted to allow entry to the centre to any person during unstaffed hours under any circumstance. I accept I will be charged \$100 Tailgate fee and risk termination of my membership for allowing unauthorised entry to the centre.
- I may bring a guest to the centre during regular staffed hours for which a casual entry fee will be paid. I understand that casual visits are not permitted during unstaffed hours.

Video Recording

- I understand the centre is under 24/7 video recording. I acknowledge and accept I will be subject to video recording within the facility (with the exception of bathrooms and change rooms).
- I acknowledge and understand the above safety issues and requirements of attending Kyogle Community Gym during unstaffed hours.

Other: Age Restrictions **Important for Parents and Guardians to take note**

- I am 18 years or over and therefor eligible for unstaffed access to these facilities.
- I understand that children aged from 14-17 may attend the gym unsupervised during staffed hours only otherwise they must be accompanied by a parent, guardian or sibling over the age of 18.

Name: _____ Signature: _____ Date: _____