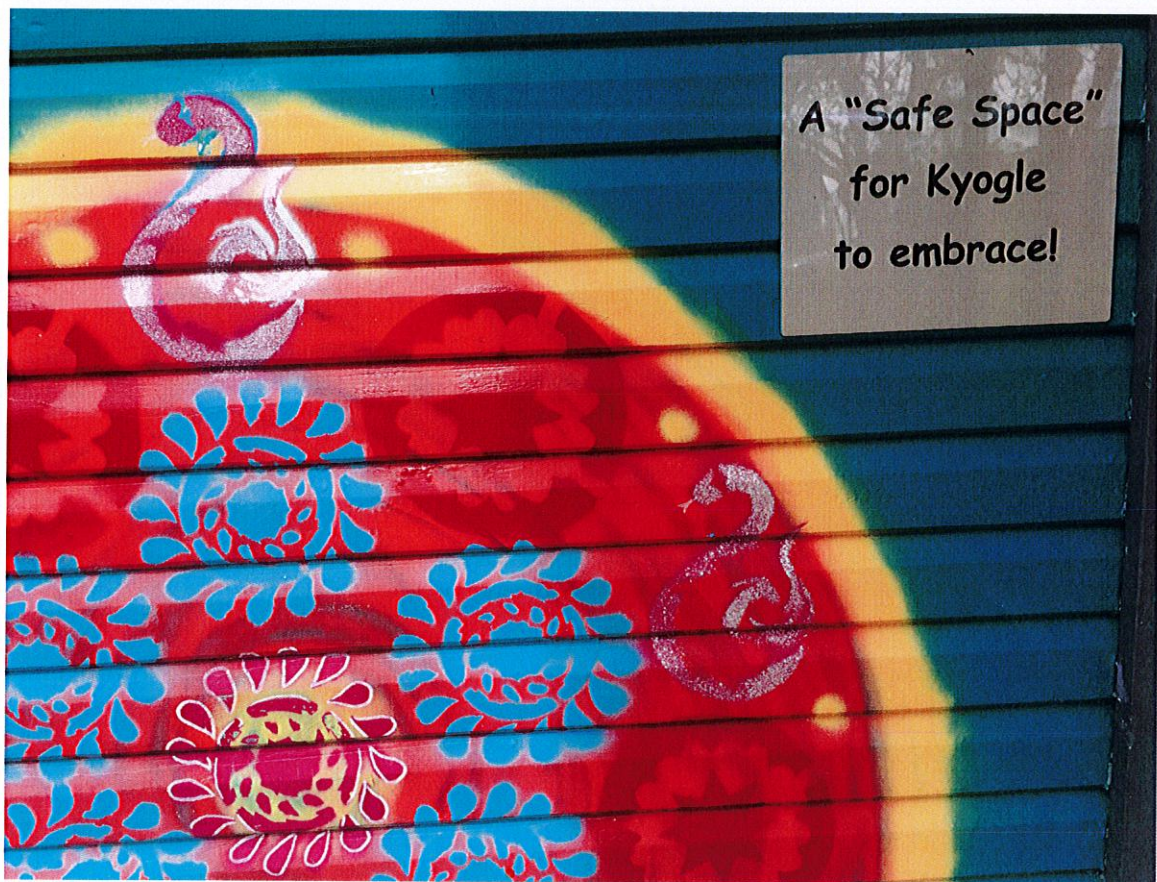




**2016/2017  
ANNUAL REPORT**

**Kyogle Together Inc.**



## ABOUT US

### 1. Who are we?

Kyogle Together Inc. (KT Inc.) is a not-for-profit, community based organisation that delivers programs and activities for families and young via Kyogle Youth Action (KYA). KYA also maintains involvement and supports the Kyogle Community Drug Action Team and Kyogle Reconciliation Group. We also manage the Kyogle Community Gym operating out of the Showground Pavilion and The Fair. Share. Kitchen program and this delivers emergency relief services and support, also out of the youth centre and outreaches to the Food Bank.

#### 1.1 Who are our clients?

Our clients are the Kyogle Community.

We primarily provide services and activities for members of the community under 24 years of age through Kyogle Youth Action, and community members and families of all ages through the Kyogle Community Gym and the Emergency Relief services and support.

#### 1.2 What are our core values?

KT focuses on supporting a healthy community by facilitating the growth and development of healthy people through healthy relationships using a harm reduction approach.

#### 1.3 What programs do we deliver?

- Kyogle Community Gym
- Kyogle Youth Action
- The Fair. Share. Kitchen.
- The Bazaar Market



## OUR PEOPLE

Name	Position
Suzie Coulston	Chairperson
Shane Runciman	Vice Chair/ Public Officer
Graeme Gibson	Ordinary member
Camilla Warner	Ordinary member
Jacqueline Horder	Ordinary member
Adel Wynd	Ordinary member

Name	Position
Sharyn Marshall	Manager
Robyn Job	Community Gym Coordinator
Chris Hutton	Youth Services Coordinator
Muranda Goodsell	Youth Worker
Annie Monks	Community Assistance Worker
Emma Baitz	Youth Worker
Sandy Szoko	Volunteer Coordinator – Bazaar Market

Name	Position
Robyn Maxwell	Pilates instructor volunteer
Sandy Cook	Gym and pilates instructor and volunteer
Adele Harris	Gym Reception & admin
Mark Cheeseman	Gym Reception
Scott Job	Gym Relief volunteer and mainenance
Joe McErlean	Gym Early opener!
Stuart Walters	Gym Reception
Sharron Webby	Gym - Ability Links – Group facilitation
Glenn Robinson	Gym Volunteer Coordinator
Lee Zammit	Gym Reception
Tony Zammit	Gym Reception
Sonia Cyhylyk	Gym Reception
Julie Ridley	Gym Reception
Noel Brightwell	Gym Reception
Joshua Turner	Gym Reception
Beth Hurry	Gym Reception
Mitch Barnett	Gym Reception

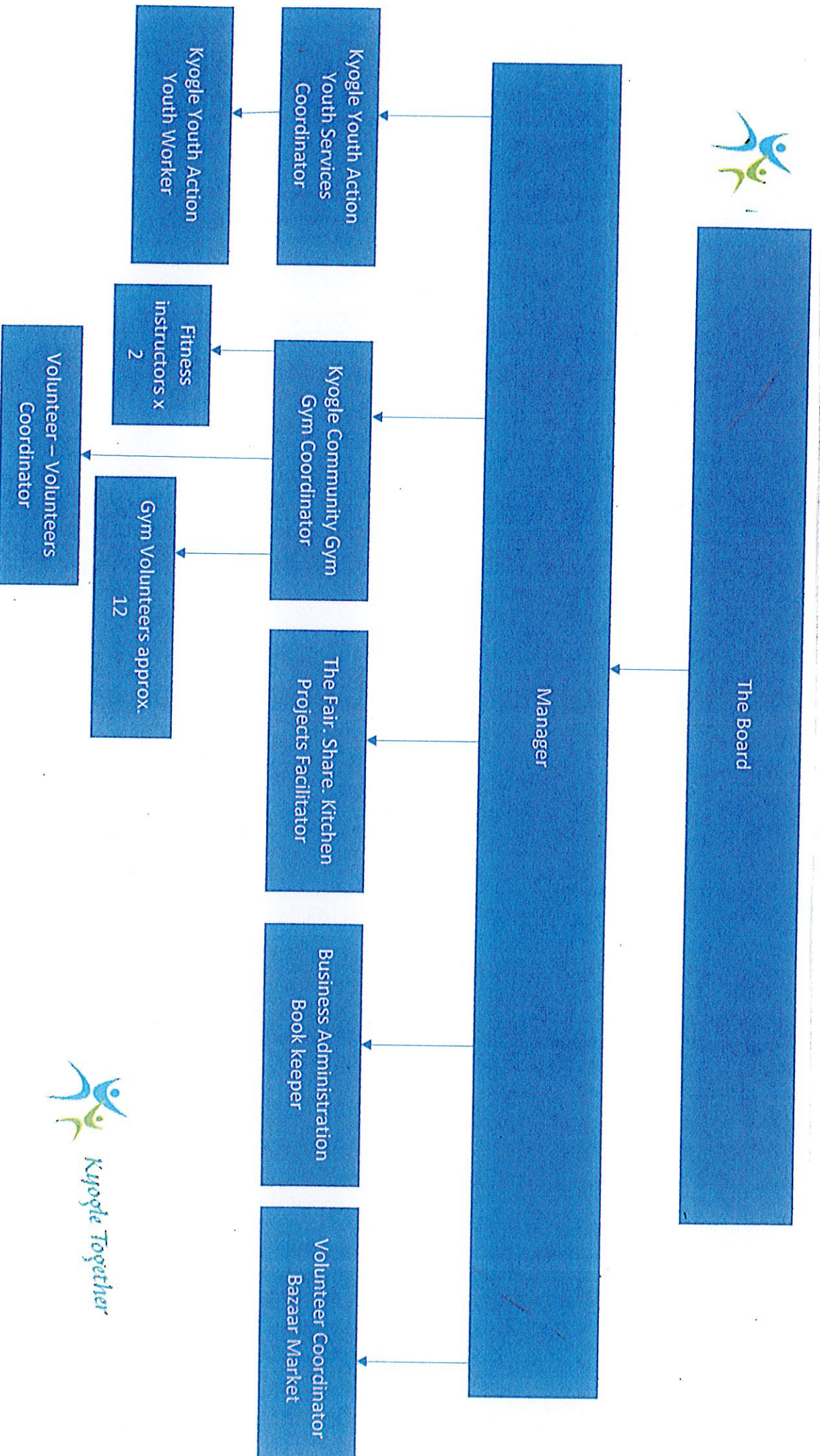


Muranda Goodsell	Gym Reception
Bill Solomon	Gym Reception
Jacob Christian	Gym Reception
Pena Uu	Gym Reception
Martin Hodges-Jones	Gym Marketing

Look out for more of me .....



## STRUCTURE &amp; MANAGEMENT







## **CHAIR'S REPORT 2016 – 2017**

2017 was a great year and the Kyogle Together Board is very proud of the achievements our staff, volunteers and sub-committees. I am very proud to be part of such a great team.

Having full confidence in our part-time Manager, Sharyn Marshall we have been extremely lucky to attract quality staff to grow and support our community through our youth services arm, our emergency relief arm, our gym arm and our bazaar market arm. We are virtually an octopus!

Being able to refer to the Kyogle Together Strategic Plan has helped us to consolidate and it has now become clear that we can grow and expand on our ambitions as we embrace the Harwood Innovation method of community conversations. By ensuring our actions align with our philosophy, are achievable within our capacity and meet the needs of our clients and the community we are in a great position to make the most of the opportunities provided to us.

The confirmation of secure funding (at least for the time being) took a real weight off our shoulders this year and we look forward to negotiating a way forward that puts our community front and centre. A continued focus on building and nurturing partnerships & finding creative ways to generate revenue will prove to be critical to the continued delivery of services to the community.

KT's membership of the Consortium of Neighbourhood Centres (CONC) has continued to deliver great outcomes with entire program areas now built around reducing food waste – thanks Annie.

Our existing relationships with the Kyogle High and Kyogle Primary Schools have grown as we continue to work hard to deliver cross-partner projects. Perhaps this has been made a little easier with Chris, being on our staff and the highschool books.

Our social enterprises, continue to grow even though the Kyogle Community Gym took a massive hit in the March 2017 floods. We have been able to build the staffing hours and have great offers for our members including free access to exercise classes – thanks Robyn. Without our volunteers we could not open – and we have been thinking about swipe card access – watch this space.

And how Bazaar – who would have thought we'd be running a monthly market. Thanks Sandy.

Future plans include securing core funding, building functional and engaged partnerships, growing our income streams, continuing to strive to see the gym relocated to the Kyogle Memorial Pool complex and building the support networks for young people in the Kyogle LGA.

And don't we look a treat in our walking float each year at Fairymount Festival!

Suzie Coulston

## Organisation REPORT

It has been a bumper year with lots of new staff, volunteers and activity. When there are lots of new staff at once it will take some time to learn about the new environment and seek to support the history and bring some new to the organisation.

The changes in staffing include Sharyn Marshall - Manager, Robyn Job – Community Gym Coordinator, Chris Hutton – Youth Services Coordinator, Emma Baitz – Youth Worker and Sandy Szoko – Volunteer Bazaar Market Coordinator. We lost a long standing Youth Worker – Muranda Goodsell as she gained new employment and set off to seek new challenges. I'd like to take this opportunity to acknowledge the incredible amount of work and care she offered to her role, young people and the broader community and wish her well in her new endeavours.

Kyogle Together Inc. has had some program changes over the year. We continue youth services known as Kyogle Youth Action, the Kyogle Community Gym and we have historically also had a Community Assistance Worker, delivering emergency relief services and support. Over the past few months we have been working with the Consortium of Neighbourhood Centre's toward a Food Recovery Program. In that we have decided to create The Fair. Share. Kitchen and this program will facilitate the emergency relief services and support, food recovery, small kitchen garden and community education/workshops. Look out for our new and refurbished kitchen. We are looking forward to facilitating new workshops and offering neighbourhood cook ups.

Kyogle Youth Action is working within a transition period from our current contract arrangements to a new one that will ideally have a better fit for our community. Targeted Earlier Intervention (TEI) Reform is an opportunity to review the current system to maximise the reach and impact of our services. The challenge is to design a contemporary and client-focused service system within existing resources. The reform is about improving the client's experience, so that families and communities with the greatest needs can access services that maximise positive outcomes.

These improvements include:

- ☐ improving flexibility so services are targeted to individual client needs
- ☐ better understanding of what works so we can prioritise our efforts
- ☐ enabling local responses to reflect local strengths and challenges

The vision for the TEI program is that:

- ☐ Families, children and young people's needs are met early to prevent the escalation of need
- ☐ Families are able to access support earlier in the lives of their children and young people, and are empowered to live independent, meaningful lives
- ☐ Risk factors that lead to child abuse, neglect, and domestic and family violence are addressed early



- Aboriginal children, young people, families and communities have access to timely, effective, accessible and culturally safe support and services.

The Kyogle Together Inc Emergency Relief services and support has been well utilised by the Kyogle Community this year. We saw people coming in for many reasons, including; Assistance for those experiencing domestic and family violence, petrol vouchers, electricity vouchers, telephone vouchers, toiletries, nappies and swags for people sleeping rough. The most utilised service was electricity vouchers. 2017 has been a year of transition for the Emergency Relief program. We have begun to incorporate Emergency Relief with Food Recovery. At the beginning of the year the service was based at the Kyogle Foodbank. Since receiving the grant for The Fair.Share.Kitchen, which will be coming in 2018 was approved, Emergency Relief is now available at the Youth Centre as well as the Foodbank. 2018 will hopefully bring greater supports to the community in emergency relief and food security.

We have begun to create some great partnerships with other organisations as well. We look forward to strengthening these further, to provide even greater assistance to the community. This will include the delivery of FoodREDI in partnership with Australian Red Cross.



## **Kyogle Community Gym 2016 – 2017 FY Highlights**

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### **Training**

In June 2016, a large percentage of our volunteers and staff attended a free, accredited first aid training hosted by North Coast Primary Health Network.

Robyn and Sharyn attended a very informative and practical Volunteer Management workshop in June. 😊

### **Safety**

The gym's first aid kit was updated to a new, compliant St John's First Aid kit.

Working with Children Checks were instituted this financial year for all volunteers.

Regular safety checks of gym equipment have been undertaken by our 'maintenance' volunteer, after receiving training from Ben Bass who also carries out the official 6 monthly Safety check on our equipment. A new industrial ceiling fan was installed to help reduce heat related issues in summer.





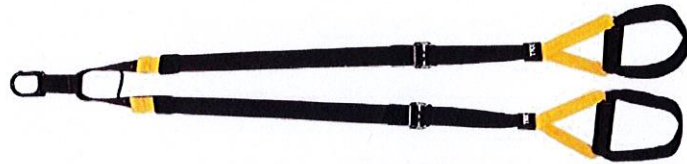
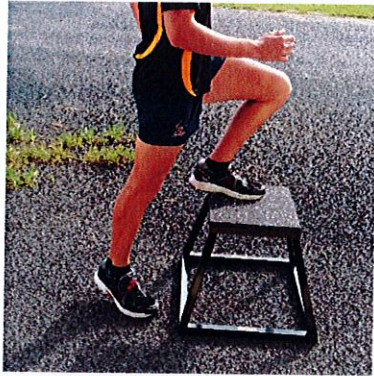


## Volunteering

Although run by volunteers, the gym has been open close to 100% of the advertised time and we are grateful to our volunteers for their dedication! The addition of a 'relief' volunteer to cover shifts has been a great success.

## New Equipment

In order to keep the gym up to date and interesting for its members, we purchased three new pieces of equipment – Strap-It ropes (TRX), Plyo (jumping) boxes and kettle bells.



## Fund raising

Attempts at fundraising were in the form of a sausage sizzle at IGA (Dec 2016) and two market stalls to sell raffle tickets.

## Flood Recovery

Despite going under in the March 2017 flood, the gym survived to be up and running within a few days!

## Classes

A major contributor to new members and renewals (especially women) has been the introduction of classes included in gym membership. These are a new Monday evening Pilates class, two early morning circuit classes and a Wednesday evening Pilates ball class. February 2017 saw the commencement of a Kyogle High school gym class as a sports election. Some of these students are now gym members.

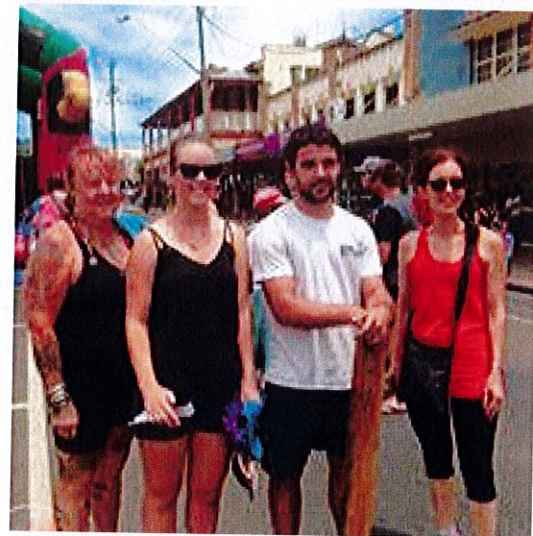
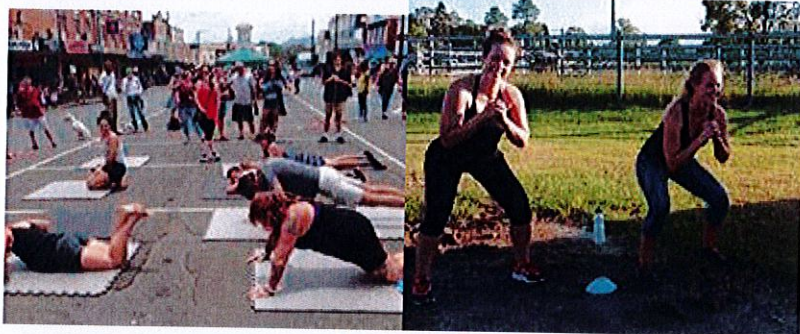




## Events

The gym proudly participated in the return of the Fairymount Festival in 2016, taking part in the Parade and initiating a Plank and Push Up competition.

Other successful events were a boot camp run by Austin Crowter in Feb/March 2017 attracting 25 participants. Our 100km challenge in May also generated interest and provided a great training goal for members and non-members to aspire to.



## Marketing

Our community can be in no doubt Kyogle Community gym is alive and well. There are constant reminders of our presence through posters in the street, Facebook and Talking Turkey articles and presence at the Saturday morning markets.

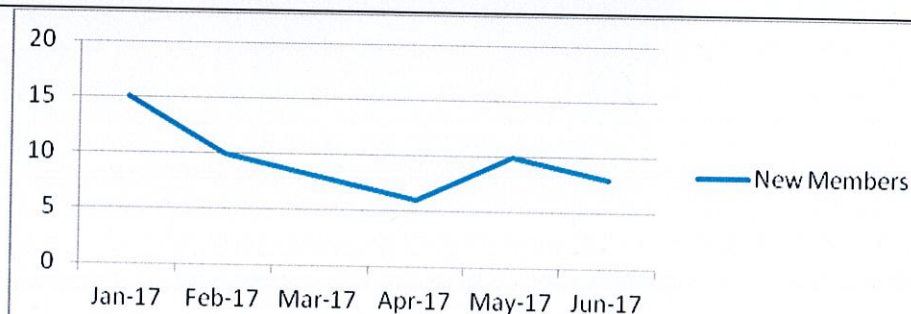
Our focus on marketing has been regular Facebook posts (4-5 each week) including information and inspiration to our members. There have been many articles placed in the Talking Turkey (such as an article on nutrition, advertising new classes, a flood survival story and a member profile). The Express Examiner also posted a very positive article about the gym "Work your Body not your Hip Pocket".



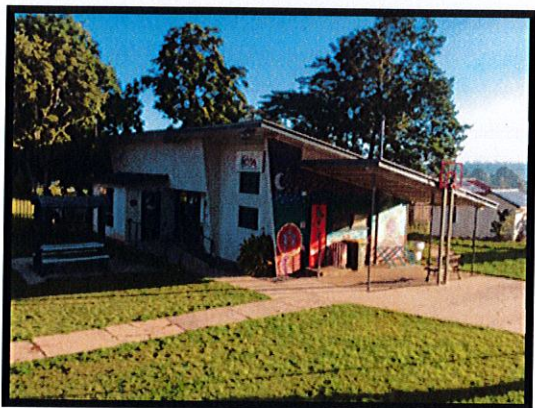
## Statistics for New Members

(does not include renewals of existing memberships)

It is expected to see a surge of membership in January as a result of new year's resolutions. Winter generally sees a downturn in membership.







## YOUTH SERVICES COORDINATOR ANNUAL REPORT: 2017

This year has seen a lot of changes at the Youth Centre, in our staff and in our service provision. We have worked closely with the Kyogle Community to provide Kyogle youth and their families with a range of services, activities and opportunities. These are some of the outcomes and stories that we have created along the way.

**BEATS & EATS:** We have made Beats & Eats into a bi-monthly activity that highlights youth musical talent. We have seen young Musicians, DJ's, Rappers and Producers grace our stage. We have improved our PA equipment and installed it as a permanent fixture. Some fantastic guest chefs have also graced our kitchen. We are waiting for news on a grant application that will see us able to install and utilise up to 10 Ableton Live suites and PUSH DJ controllers on our computers at K.Y.A. The last B & E event for 2017 is on December 22<sup>nd</sup>.



**K.Y.V:** Kyogle Youth Ventures has been a success for 2017. The camp in February was fantastic, with 17 leaders and participants taking part in the activities. Throughout the year, other activities have included: fundraising sausage sizzles and community engagement (Lions Club, Venturers (Scouts) and CWA meetings), dance parties, pool parties, a trip to BOUNCE on the G.C., First Aid Training at K.Y.A. and more. K.Y.V will be back in 2018 with another dynamic program that supports young people in leadership and fellowship.



**School Holiday Programs:** This year, as part of our School Holiday Programs, we have tapped into the talent base of our local community. Our holiday programs have been well attended by the Kyogle Youth and have provided learning opportunities and fun for all. Some of the activities we have provided include: cooking,

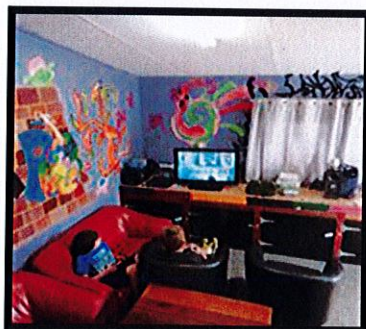


leather craft, pool parties, belly dance, barefoot bowls, Cinema / Movie days, Poi making, juggling, screen printing, tie-dyeing, bush walking, excursions, and more. Our 2017 Christmas Holiday program is looking great and we are joining forces with the Casino Neighbourhood Centre for some of our activities. We now have the use of the K.H.S. bus for excursions and have two drivers available.



**Case Management / Service Provision:** K.Y.A. has continued to offer Kyogle youth many pathway options and support programs in 2017. Through my position as Well Being Teacher at K.H.S., we have been able to extend our service provision and case management services for Kyogle Youth and their families. We were successful at getting our Young Women's Group underway through K.H.S. in term 4, and are looking at continuing the program in 2018. We have continued to develop relationships with other providers and outreach services, such as Headspace, NSW DET Distance Education, Ability Links, ACON, Family Referral Services and more, to help support young people and their families, in our LGA.

**After School Program:** Every afternoon from 3.30pm – 5.30pm, Wed. To Fri., K.Y.A. has offered drop-in activities for youth aged 12 – 18. Throughout the year, we have offered many activities to provide our youth different learning opportunities. Some of the programs we have offered as part of drop-in include: cooking, basketball, movies, gaming, art, and music. The Youth Centre has seen some upgrades which include: a new PS4 pro console and games, an air-hockey table (thanks to Allan at No Bull Antiques), a new basketball hoop and backboard and a new PA. Our upgrades will continue in 2018, with new furniture and paint and some possible changes to our office spaces and bathroom.



**Community Outreach and E.R.:** We have continued to connect with our local community through a number of events and partnerships in 2017. We have supported Annie in her role as Community Assistance Worker at the Youth Centre, and we have been able to do further outreach into the Kyogle community and help families in need. Staff at K.Y.A. are spearheading the rebirth of the Kyogle CDAT team, as well as providing Domestic



Violence help and support to women and families (we are active participants in both DV groups in Kyogle). We are also part of agencies and groups which include: the Kyogle Reconciliation Group, Kyogle Interagency Group, the CONC (Consortium of Neighbourhood Centres), Kyogle Council Youth Advisory Group and more. We have also helped to organise and participate in programs that include PASH, LoveBites, Wear it Purple Day, K.H.S. Young Women's Group, the Reconciliation March and NAIDOC week celebrations, Youth Week and more. The community have provided us with some amazing support, with donations from several different fund raising nights going towards programs at K.Y.A. We are hoping to further connect with schools and provide programs in other towns in our LGA, including Woodenbong, Tabulam and Bonalbo in 2018.



**FUNDRAISING:** The Kyogle community have been very generous with both their time and money in support of K.Y.A. Over the last 12 months, we have been granted donations from organisations that include: Brown & Hurley (\$3000 towards K.Y.V.), the Kyogle CWA (\$900 towards programs including K.Y.V.), Stan Munro & Deanna Blake (\$475 for the Youth Centre as proceeds from a recent raffle), the Kyogle Lions Club (\$500 towards K.Y.V.). We also raised over \$200 for K.Y.V. at a sausage sizzle and have also been successful in a grant (\$1000 from Kyogle Council) to put on self-defence classes for women in 2018. Kyogle Council have continued to support both K.Y.V. and our Youth Week activities with funding.



These are just some of our stories for 2017. Without the support of our young people and their families, we would not be in the position that we are today. We look forward to serving our community again in 2018 and, in particular, helping to support our youth to grow and develop into the leaders of tomorrow.

## FINANCIAL REPORT

**Kyogle Together Incorporated**  
**Annual Financial Report for 2016/17**

The audited financial statements for 2016/17 are now complete and are now available for the AGM.

The overall Profit 2017 is \$ 3628.76

Variety of reasons profit looks low is related to expending previously received grants and the non cash processing of depreciation.

In this chart I have added unexpended grants to the liabilities. It does significantly reduce the cash viability ratio, however it is within a more acceptable level and is still an increase on previous years.

104048.65 cash in hand Liabilities include BAS, Super, Leave accruals and tied funding, but not savings allocated to specific project eg replacement gym equipment.

	2016/17	2015/16	2014/15	2013/.14
Current cash assets	104,048	100,019	110,468	47,176
Current Liabilities	37,455	19,194	22,180	18,861
Ratio	2.77	5.21	4.98	2.5

This Ratio is equity at 1, and usually considered healthy for a business at 2.77, even verging on to big, this is due to the savings we have for the gym. The flood was a big impact on gym equipment and the insurance money came in after the end of the financial year.

Report prepared by Laurel Grant, Book Keeper.



## ACKNOWLEDGMENTS & THANK YOU

### **Donors**

Brown & Hurley

CWA Evening Branch

Kyogle Lions Club

Stan Munro & Deanna Blake

### **Grants and funding**

Department of Family & Community Services

Australian Drug Foundation

The Consortium of Neighbourhood Centres

Community Building Partnership (Showground Trust)

Kyogle Council

### **Corporate & community partners**

The Consortium of Neighbourhood Centres

Australian Red Cross

Woman's Family & Domestic Violence Services

Food Bank and Community Kitchen

Kyogle Council

Kyogle High School

Kyogle Primary School

Gugin Guddaba Local Aboriginal Land Council

Ability Links

Exercise physiologists

TURSA

Personal Trainers

North Coast Area Health Service

Lismore and District Women's Health

ACON - Northern Rivers

Northern Rivers Community Legal Service

The Food Bank - Kyogle

## HOW YOU CAN HELP

? **Become a member**

? **Volunteer your time**

- ? **Make a donation**
- ? **Support an event or fundraising activity**
- ? **Join in and come to our programs and activities**

## **CONTACT US**

### **Youth & Community Centre – KYA**

159 – 161 Summerland Way  
Memorial Park next to the pool  
02) 66 322 972

[kya@kyogletogether.org.au](mailto:kya@kyogletogether.org.au)

[youthworker@kyogletogether.org.au](mailto:youthworker@kyogletogether.org.au)

### **Kyogle Community Gym**

Kyogle Showgrounds  
02) 66 322 551

[gym@kyogletogether.org.au](mailto:gym@kyogletogether.org.au)

### **Manager**

[gm@kyogletogether.org.au](mailto:gm@kyogletogether.org.au)

### **The Fair. Share. Kitchen** (emergency relief services)

[er@kyogletogether.org.au](mailto:er@kyogletogether.org.au)

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<https://www.facebook.com/kyogletogether/>

### **Our website**

<https://kyogletogether.org.au/>